BEFORE YOUR CONVERSATION

Your consultation workbook.

Use this space to prepare your questions and keep the answers together. Print it, bring it to your consultation and take time to consider your next step.

WHO DOES WHAT?

Your coordination team

Best Smile Turkey helps with enquiries and practical arrangements.

Your treating dentist

Your dentist assesses your teeth, explains suitable options and agrees the clinical plan with you.

What would I like to understand or change?

What would I like to preserve about my teeth or smile?

What questions or practical concerns matter most to me?

DURING THE CONSULTATION

Understand the plan.

Tick a question when you have a clear answer. Ask your treating provider to confirm the proposed work and important terms in writing.

01 Know your treating provider.

- [ ] Who would carry out each stage, and how can I check their credentials?
- [ ] How can I speak directly with the dentist and raise a concern?

02 Understand the recommendation.

- [ ] What is proposed for each tooth, and why?
- [ ] What alternatives, preparation, risks and maintenance should I understand?
- [ ] What remains provisional until examination or imaging?

03 Read the complete quotation.

- [ ] Which materials, appointments and temporary or final teeth are included?
- [ ] What could change the total, and are travel costs separate?
- [ ] What are the payment, cancellation and refund terms?

Keep a copy of the written plan. An enquiry, photograph or website estimate is not a clinical assessment or a confirmed booking.

BEFORE YOU MAKE ARRANGEMENTS

Keep the details together.

Confirm appointment and follow-up arrangements with the treating provider. Your clinical schedule should shape any travel plans.

Treating provider, clinic address and clinical contact

Provisional appointments, treatment stages and possible return visits

Review arrangements, urgent contacts and who pays for further care

BEFORE I DECIDE

- [ ] I have the written plan, itemised costs and relevant terms.
- [ ] I know how to obtain my treatment records and care instructions.
- [ ] I have asked my remaining questions and have time to consider the answers.

MORE SUPPORT FOR YOUR RESEARCH

GDC: Going abroad for dental treatment

Print reference: gdc-uk.org > Information for patients > Going abroad for dental treatment

bestsmileturkey.co.uk/guides/consultation-checklist/

General preparation, not personal dental advice. Adapted from the website consultation guide; GDC guidance consulted 8 October 2026. Keep completed notes securely.